

FOOD FOR THOUGHT

A Publication of the Presbytery of Middle Tennessee Hunger Program
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Become a Hunger Action Congregation

Hunger Action Congregations was launched this year on the first of June. This new covenant acknowledges and celebrates the faithful work of Presbyterians to alleviate hunger and end its root causes, while inspiring even more holistic and justice-oriented action.

Step 1: Form a Hunger Action Team

Gather church members who are passionate about addressing hunger, poverty, and related injustices, and meet periodically to examine and grow the church's practices in this area.

Step 2: Covenant to Become a Hunger Action Congregation

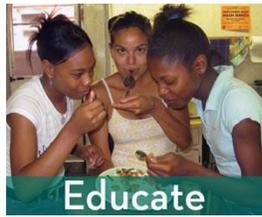
- A. **Covenanting:** If you are doing hunger-related work in one or more of the six areas listed below, check the activities you are currently doing and submit to the PCUSA Hunger Program. You will be recognized as a Covenanting Hunger Action Congregation.
- B. **Certification:** If you are doing activities in all six areas, after submitting the completed Covenant, you will be certified for three years as a Certified Hunger Action Congregation.

Six Areas for Ending Hunger & Its Causes

1. Hunger Alleviation: providing food in a dignified way
2. Developmental Assistance: addressing the root causes of hunger and poverty through equitable and sustainable development
3. Hunger Education: learning about systemic causes of hunger
4. Lifestyle Integrity: adopting sustainable personal and corporate lifestyles
5. Corporate and Public Policy Witness: advocating and campaigning for changes in policies and practices to end hunger
6. Worship: incorporating prayer, education, and preaching about ending hunger

Food Week of Action & World Food Day

October 15-17



Our faith calls us to work for a world where everyone has sufficient, healthy, and culturally appropriate food! And where those who produce and prepare the food are fairly compensated, respected, and celebrated!

Global Food Week of Action includes

- **World Food Day** (Oct. 16)
- **International Day for Rural Women** (Oct. 15)
- **International Day for the Eradication of Poverty** (Oct. 17)

Connect Up!

- Get updates and join the conversation by joining the Food Week Facebook event at bit.ly/foodweekfb.
- Get your activity or event on the Food Week list and map by filling out the form at bit.ly/announce17.
- See what others have done the past two years at bit.ly/wfdmap16 and bit.ly/action16list.

Find worship and educational resources and activity ideas at pcusa.org/foodweek.



October 24, 2017

Real food. Just food.

Food Day inspires Americans to change their diets *and* our food policies. Every October 24, thousands of events all around the country bring Americans together to celebrate and enjoy real food and to push for improved food policies.

Eating Real can save your own health and put our food system on a more humane, sustainable path.



Give thanks for the food we eat – for the many hands and good earth it comes from – and return the blessing by donating to an organization committed to ending hunger, building community prosperity, and working for just and sustainable food and farm systems.

World Food Day is celebrated every year to commemorate the founding of the Food and Agriculture Organization (FAO) of the United Nations.