



FOOD FOR THOUGHT



A Publication of the Presbytery of Middle Tennessee Hunger Program
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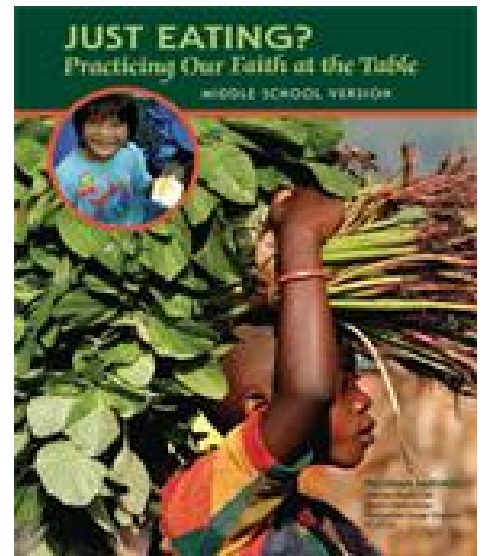
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New – *Just Eating?* Middle School Version

Just Eating? Practicing Our Faith at the Table will help young people better understand the relationship between our faith and our food. Drawing on Jesus' story and the rituals of the Christian faith, this curriculum looks at four interconnected aspects of our lives with food.

1. How food choices affect our health
2. How our choices affect the earth
3. How our choices affect others
4. How we use food to create
friend and family bonds with others

Through activities, Bible stories and illustrations in story, song, and screen, middle school groups will be challenged to think about each of these areas, to see how they relate to each other, and to consider what our choices have to do with our faith. Middle school students will try new foods and new faith practices related to food, and consider what changes they might make individually and as a group. Published by the Presbyterian Hunger Program, Advocate Health Care, and Church World Service. Order copies for \$10 each at PCUSA Marketplace (PDS #25432 09 360) or download at www.pcusa.org/food/resources



October Is Fair Trade Month



Buying a **Fair Trade Certified** product guarantees that farmers and workers receive a **fair price** for their products and that the growers use farming practices that **care for the environment** by maintaining biodiversity.

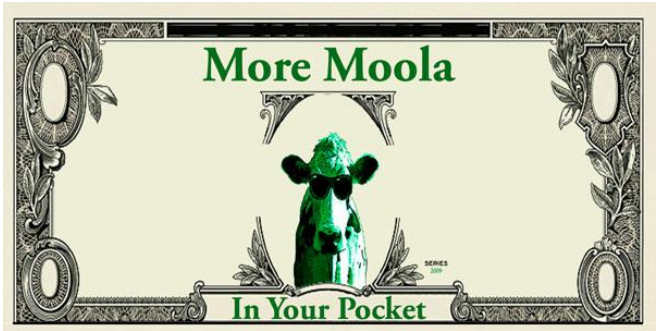


Look for the Fair Trade logo! Fair Trade products now include coffee, tea, sugar, cocoa, chocolate, and fruit (bananas, mangoes, pineapples, and grapes.)

Partners for Just Trade

Partners for Just Trade is a non-profit, Fair Trade organization that sells handmade items from Peru and fruit from Cameroon. A project of the Hunger Program of the Presbyterian Church (USA) and the Presbytery of Giddings-Lovejoy, PJT joined with Peru in promoting economic progress for those living in extreme poverty.

Local churches play a vital role in the successful sale of these Peruvian handicrafts. Consider including these unique and useful products at your next **Alternative Christmas Fair** or holiday bazaar. For more information on ordering and to view the catalog, go to www.partnersforjusttrade.org.



Moola artwork provided by Franklin Farmers Market

Everyone is looking for a way to save a little money these days. Did you know there is no sales tax when you buy your food directly from the farmer? So visit a farmers market or roadside stand and save a little "moola." You will get delicious fresh food and support your local farmers.

Farmers markets can be found in many Middle Tennessee cities and towns:

Centerville	Franklin	McMinnville
Christiana	Gallatin	Nashville
Clarksville	Hendersonville	Pulaski
Columbia	Lawrenceburg	Sewanee
Cookeville	Lebanon	Sparta
Dickson	Lewisburg	Spring Hill
Fayetteville	Manchester	Winchester

Mission Possible 2009 – Destination Nashville

In 2006, associate pastors of three PCUSA churches heard a call to provide a mission trip experience to middle school youth. This year Mission Possible had five participating churches: Davidson Presbyterian (Davidson, NC), First Presbyterian (Shelbyville, TN), Harpeth Presbyterian (Brentwood, TN), Pleasant Hill Presbyterian (Atlanta, GA), and Swarthmore Presbyterian (Swarthmore, PA). They came together for five days in July in Nashville to share the love of Christ by serving, learning, worshipping, and reflecting. Harpeth Presbyterian Church was the host church; Alan Bancroft of Harpeth and Lindsey Wade of FPC Shelbyville were the local coordinators.

This year the focus was on learning about urban poverty issues. The schedule included visits to the Martha O'Bryan Center, Second Harvest Food Bank, the Nations Ministry Center, Luke 14:12, Graceworks, the Downtown Presbyterian Church feeding program, Mobile Meals, and a community garden. They also learned about immigration issues and urban food deserts. The participants left Middle Tennessee having had an amazing experience serving and feeding God's people.