



FOOD FOR THOUGHT



A Publication of the Presbytery of Middle Tennessee Hunger Program
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Earth Day 2009

Earth Day is celebrated each year on April 22. This is a time to celebrate the gains we have made in protecting the environment. But it is also a time to consider how we can do more to be better stewards of the earth.

Energy Stewardship Congregations

Arrange for an energy audit on your church building. By becoming an Energy Stewardship Congregation, your church can save on energy bills and reduce the impact of energy use on the environment.

Energy saving measures that an energy audit might recommend:

- Turn off lights when rooms are not in use
- Turn down thermostats at night and when the church building is not in use
- Replace light bulbs with Compact Fluorescent Lights
- Tune-up your heating, ventilating, and air conditioning systems
- Purchase EPA Energy Star labeled products

Further steps to take in electric stewardship

Become an EPA Energy Star Congregation. Call EPA toll free at 888-STAR-YES for help with any measures of energy efficiency and conservation your church is undertaking! The Web site, www.epa.gov/congregations, contains a host of helpful information on energy efficiency, an email update list, a national awards program, a free energy efficiency manual, and more.



Electric Stewardship is a component of **Enough for Everyone**, a partnership ministry of the Presbyterian Hunger Program, the Presbyterian Peacemaking Program, Women's Ministries Program Area, and Presbyterian Women.



\$10,157,193

This year, the Souper Bowl of Caring set a record for the amount of money and food collected in the fight against hunger. In the Presbytery of Middle Tennessee, we collected **\$13,028.40**, **3,390 cans** and **650 pounds** of food, and **12 gallons** of milk. Thank you to all the churches that participated.

**2009 Participating Churches
Presbytery of Middle Tennessee**

- | | |
|---------------------|-----------------------|
| Bellevue | Liberty Hill |
| Belfast | Murfreesboro 1st |
| Calvary of Big Lick | Nashville 1st |
| Columbia 1st | Pulaski 1st |
| Donelson | Second Nashville |
| Ellis Grove | Shelbyville 1st |
| Emmanuel | Smyrna 1st |
| Fayetteville 1st | Southminster |
| Gallatin 1st | Spring Hill 1st |
| Harpeth | Tullahoma 1st |
| Hillwood | Watertown 1st |
| Historic Franklin | Westminster/Columbia |
| Lawrenceburg | Westminster/Nashville |
| Lebanon 1st | |

If your church participated in Souper Bowl Sunday this year and you are not listed as a participating church, please send your information to the Presbytery Hunger Program at 778-0500 or toll free 1-877-377-6487, ext. 205, or email your collection results to barbarashowell@yahoo.com.

World Fair Trade Day 2009

Celebrate World Fair Trade
Saturday, May 9
10,000 Villages
3900 Hillsboro Pike, Nashville



You Can Help End Childhood Hunger

Why Should You Hold a Bake Sale?

1. 100% of the funds you raise help feed kids.
2. Funds you raise from your local bake sale stay local, supporting after-school and summer feeding programs in your community - food programs that hundreds and thousands of kids depend on.
3. It's a fun solution with a big impact.
4. You can host bake sale based on your schedule and in your own community.

For more information and to register, go to <http://gabs.strength.org>



**Mission Opportunities
On the Gulf Coast for Youth**

- Family Week: June 14 – 20
- Stay at Olive Tree Presbyterian Volunteer Village, New Orleans
 - Minimum age 14 with an adult relative
- Father and Son Week: June 21 – 27
- Stay at Olive Tree Presbyterian Volunteer Village, New Orleans
 - Minimum age 14 with a male relative
- Youth weeks: June 28 – July 18
- Opportunity for youth ages 16+
 - Adult/youth ratio: 1:5
 - Volunteer Villages in Texas and Louisiana

Contact the PDA Call Center at 866-732-6121 or register on line at www.pcusa.org.